



AIMA

# AIMA NZ CONFERENCE 2019

6-7 April 2019, Auckland University of Technology



## From genome to microbiome integrative medicine for everyday problems

### SATURDAY 6 April 2019

TIME	SPEAKER	SUBJECT
08.30-9.00	A delicious selection of juices and food sampling	
9.00-9.10am	Dr Tane Taylor	Welcome
9.10-9.15am	Dr Tim Ewer	Introduction
9.15-9.50am	Prof Luis Vitetta	The microbiome in cancer immunotherapy: therapeutic strategies
9.50-10.30	Lara Briden	Endometriosis, immune dysfunction and the microbiome
10.30-11.00	<b>MORNING TEA</b>	
11.00-11.40pm	Sharon Erdich	Food intolerances as clues to the underlying cause
11.40-12.20pm	Dr Paul Beaver	Personalising diet using the genetics of early phase digestion for improving metabolic outcomes
12.20-1.00	Warren Maginn	Mastering advanced B vitamin prescriptions in clinical practice
1.00-2.00pm	<b>LUNCH</b>	

*This is a draft program and is subject to change*

## SATURDAY 6 April 2019 - afternoon

2.00-2.45pm	Mel Abbott	Non-medication interventions for anxiety and depression
2.45 – 3.30	Dr Christine Houghton	Mediterranean phytochemical bioactives - potent effects on chronic disease
3.30-4.00pm	<b>AFTERNOON TEA</b>	
4.00 – 4.30pm	Dr Fred Timmermans	The importance of the mouth microbiome and the biofilm
4.30 – 5.00	Dr Damian Wojcik	Mercury amalgam toxicity - a 2019 update
5.00 – 5.30pm	Questions - speaker panel	
5.45-6.45pm	<b>COCKTAILS &amp; NIBBLES</b> Practical collegiality in the foyer	

## SUNDAY 7 April 2019

TIME	SPEAKER	SUBJECT
9.00-9.30am	Dr Christine Houghton	'Behind-the-Scenes' on glutathione - optimising its key pathways
9.30 -10.00	Prof Luis Vitetta	Latest scientific cannabis research
10.00-10.20	Dr Graham Gulbransen	How to prescribe CBD - medicinal cannabis 101
10.20-11.00	Dr Penny Caldicott	Launching AIMA's Integrative Medicine Training Pathway
11.00-11.30	Questions	
11.30 - 12.30	<b>BRUNCH</b>	
12.30-2.00	<b>WORKSHOP</b> Accessing our innate capacity to thrive: symptoms, sensations and health through intimate awareness Graham Meade	
2.00-3.30	<b>FILM SCREENING</b> Plugged In: Social media & its impact on young people's mental health Join Dr Robin Kelly for the NZ premier of Plugged In, a UK produced documentary which explores the impacts of social media and the digital age on our health. The film will be followed by a pre-recorded discussion with the film-makers and a question and answer session from the audience.	

We are delighted to have the highly talented musician Nigel Gavin and Parisienne chanteuse Sonia Wilson who will be providing a musical introduction to each session of presentations and at the cocktail reception.

**For queries please email [newzealand@aima.net.au](mailto:newzealand@aima.net.au).**

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