



AIMA NZ CONFERENCE 2019

6-7 April 2019, Auckland University of Technology



From genome to microbiome integrative medicine for everyday problems

SATURDAY 6 April 2019

TIME	SPEAKER	SUBJECT
08.30-9.00	Registration and arrival tea, coffee and juice	
9.00-9.10am	Dr Tane Taylor	Welcome
9.10-9.15am	Dr Tim Ewer	Introduction
9.15-9.50am	Prof Luis Vitetta	The microbiome in cancer immunotherapy: therapeutic strategies
9.50-10.30	Lara Briden	Endometriosis, immune dysfunction and the microbiome
10.30-11.00	MORNING TEA	
11.00-11.40pm	Sharon Erdrich	Underlying causes of food intolerances
11.40-12.20pm	Dr Paul Beaver	Personalising diet using the genetics of early phase digestion for improving metabolic outcomes
12.20-1.00	Warren Maginn	Mastering advanced B vitamin prescriptions in clinical practice
1.00-2.00pm	LUNCH	

This is a draft program and is subject to change

SATURDAY 6 April 2019 - afternoon

2.00-2.45pm	Mel Abbott	Non-medication interventions for anxiety and depression
2.45 – 3.30	Dr Christine Houghton	Mediterranean phytochemical bioactives - potent effects on chronic disease
3.30-4.00pm	AFTERNOON TEA	
4.00 – 4.30pm	Dr Fred Timmermans	The importance of the mouth microbiome and the biofilm
4.30 – 5.00	Dr Damian Wojcik	Mercury amalgam toxicity - a 2019 update
5.00 – 5.30pm	Questions - speaker panel	
5.45-6.45pm	COCKTAILS & NIBBLES Practical collegiality in the foyer	

SUNDAY 7 April 2019

TIME	SPEAKER	SUBJECT
9.00-9.30am	Dr Christine Houghton	'Behind-the-Scenes' on glutathione - optimising its key pathways
9.30 -10.00	Prof Luis Vitetta	Latest scientific cannabis research
10.00-10.20	Dr Graham Gulbransen	How to prescribe CBD - medicinal cannabis 101
10.20-11.00	Dr Penny Caldicott	Launching AIMA's Integrative Medicine Training Pathway
11.00-11.30	Questions	
11.30 - 12.30	BRUNCH	
12.30-2.00	WORKSHOP Accessing our innate capacity to thrive: symptoms, sensations and health through intimate awareness Dr Graham Mead	
2.00-3.30	FILM SCREENING Plugged In: Social media & its impact on young people's mental health For our last session of the conference, join Dr Robin Kelly for the NZ premier of Plugged In, a UK produced documentary which explores the impacts of social media and the digital age on our health. The film will be followed by an open forum panel discussion chaired by Radio New Zealand National Presenter – Liz Gunn.	

We are delighted to have the highly talented musician Nigel Gavin and Parisienne chanteuse Sonia Wilson who will be providing a musical introduction to each session of presentations and at the cocktail reception.

For queries please email newzealand@aima.net.au.

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